



Worldwide Fitness Company

INSTRUCTIONS FOR CLEANING AND DISINFECTION OF THE PANATTA EQUIPMENT

*The Covid-19 emergency calls for maximum attention to hygiene. Panatta intends to support its customers with a simple guide that specifies the necessary actions to **always guarantee training in maximum safety and to preserve correct functioning of the equipment.***

The hygiene of gym equipment is subject to cleaning and disinfection activities, to which is added sanitisation which is more strictly related to the rooms.

CLEANING

"**Cleaning**" means all those operations aimed at removing dust, dirt and foreign bodies from surfaces, objects and environments. Cleaning doesn't kill viruses and bacteria but in most cases it removes them. Cleaning is a basic operation to be carried out in any case on a regular basis and before disinfection.

- **For cleaning it is advisable to use only water and neutral soap with a soft sponge or a damp cloth.**
- It is essential to always follow the instructions on the label and on the safety data sheet of the product being used.
- It is essential in this operation not to use abrasive sponges or any other device that generates friction during cleaning to avoid irreversibly damaging the equipment.

DISINFECTION

The word "**disinfection**", instead, refers to the set of procedures useful to destroy or inactivate pathogenic microorganisms.

- Before proceeding with disinfection, clean the equipment in the manner indicated above being sure to remove any residue.
- **To disinfect the equipment, it is advisable to use a product based on quaternary ammonium salts with a maximum concentration of 1%, using a soft sponge or a cloth moistened with the ready to use product. Never apply the product directly onto the surface to be treated, even when using spray products.** Alternatively, specific disposable disinfectant wipes based on the same substance indicated above can be used.
- It is essential to always follow the instructions on the label and on the safety data sheet of the product being used.
- **The use of bleach-based products (Sodium Hypochlorite), alcohol or other types of acids and solvents is not recommended. This recommendation also applies to any sanitising treatments with a nebuliser.**
- It is essential in this operation not to use abrasive sponges or any other device that generates friction during cleaning.

To simplify management of the operations described, we summarise them in the following table.

ACTIVITY	FREQUENCY	PRODUCTS TO BE USED
Cleaning	According to current legislation and in any case before disinfection	Neutral soap and water-based detergent
Disinfection	According to current legislation	Disinfectant product based on quaternary ammonium salts with a maximum concentration of 1%

RECOMMENDATIONS

- FOR ALL THE ACTIVITIES DESCRIBED, IT IS ADVISABLE TO ALWAYS REFER TO THE SPECIFIC GOVERNMENTAL AND MINISTERIAL PROVISIONS AND TO THE HEALTH REGULATIONS IN FORCE DEPENDING ON THE STATE/COUNTRY OF LOCATION.
- ALWAYS FOLLOW THE INSTRUCTIONS INDICATED ON THE LABEL AND ON THE RELATED SAFETY DATA SHEET OF THE PRODUCT BEING USED.
- MAKE SURE THAT THE EQUIPMENT IS NOT DAMAGED IN ANY WAY BEFORE PROCEEDING WITH THE INDICATED OPERATIONS. IN THE EVENT OF DAMAGED ELEMENTS, REPLACE THEM ONLY WITH ORIGINAL SPARE PARTS.
- FOR ALL ELECTRICALLY POWERED PIECES OF EQUIPMENT, MAKE SURE THAT THEY ARE DISCONNECTED AND SAFE BEFORE PERFORMING THE INDICATED OPERATIONS. SUBSEQUENTLY IT IS NECESSARY TO WAIT FOR THEM TO BE COMPLETELY DRY BEFORE RECONNECTING THE POWER SUPPLY. THE SAME RECOMMENDATIONS ALSO REFER TO OTHER CONNECTIONS (E.G. ETHERNET) AND TO THE SANITISATION OPERATION.
- AVOID IN ALL CASES THE PRODUCTION OF DRIPS.
- DURING TRAINING IT IS ALWAYS ADVISABLE TO PROTECT THE EQUIPMENT WITH A SUITABLE COVER, USE GLOVES AND WEAR CLOTHING OF A LENGTH SUCH AS TO AVOID DIRECT CONTACT WITH THE EQUIPMENT. IN GENERAL, EXERCISE ALL PRECAUTIONS TO AVOID DIRECT CONTACT BETWEEN THE EQUIPMENT AND THE USER'S SKIN.
- EXCESSIVE USE IN THE DESCRIBED OPERATIONS, IN TERMS BOTH OF FREQUENCY AND MODE, COULD IRREVERSIBLY COMPROMISE THE EQUIPMENT, THUS VOIDING THE CONTRACTUAL WARRANTY.
- PRODUCTS OTHER THAN THOSE RECOMMENDED COULD IRREVERSIBLY COMPROMISE THE EQUIPMENT, THUS VOIDING THE CONTRACTUAL WARRANTY.

For any uncertainty or clarification, contact the Panatta Technical Assistance service.

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