



Worldwide Fitness Company

# SUPER PENDULUM SQUAT

The **Super Pendulum Squat** is a specific machine for a full workout on thighs and glutes muscles, with main focus on the quadriceps and minimal stress on the lower spine.



The wide footrest allows great freedom in the positioning of the feet leading to different muscles stimuli produced. The inclination adjustment of 2 positions allow to change the ankle flexion angle for the best customization of the exercise.

The spring counterbalanced system not only reduces the empty thrust weight, but also works in synergy with the levers mechanism connecting the two weight arms to the same thrust muscle group. This finally leads to the result of an increasing resistance curve for the entire range of motion.

The machine develops an **ever-increasing load curve** that is in line with the force curve exerted by the main muscles involved in the exercise; this allows for a physiological muscle contraction that remains high and ideal over the entire range of motion.

The peculiarity of the **Super Pendulum Squat** lies in the guided trajectory which creates a movement halfway between squat and leg press, not possible with any other machine, thus giving a new range of working stimuli adding to those already possible with other **Panatta** machines.

Special focus on safety for the users thanks to the easy start system with manual lever. The low position of the weight holders make easy the uploading and downloading of the machine, thus avoiding risks and affecting people located within the range of weight holders themselves.



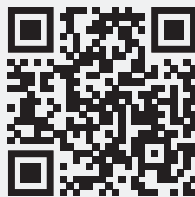
DESIGN  
& MADE  
IN ITALY

CONTACT US FOR FURTHER INFORMATION  
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AUTHORIZED PANATTA DEALER | USA

# THE **SUPER PENDULUM SQUAT** IS THE PERFECT PIECE TO TRAIN **THIGHS AND GLUTES** IN **TOTAL SAFETY** AND **COMFORT**

**100% MADE IN ITALY**

**6 decades of history**



## **EASY STARTING LEVER**



THE EASY LEVER GIVES **COMFORT** AND **MAX SAFETY** WHEN STARTING THE EXERCISE

## **RISING LOAD CURVE**

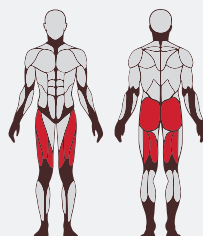


**RISING LOAD CURVE** FOLLOWING THE STRENGTH **CURVE OF THE TARGET MUSCLES** TO GET AN OPTIMAL MUSCLE STRESS

## **ADJUSTABLE FOOTPLATE**



THE FRONT FOOTPLATE ADJUSTS IN **2 DIFFERENT INCLINATIONS** TO **ADAPT TO THE JOINTS FLEXIBILITY** OF THE USER



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